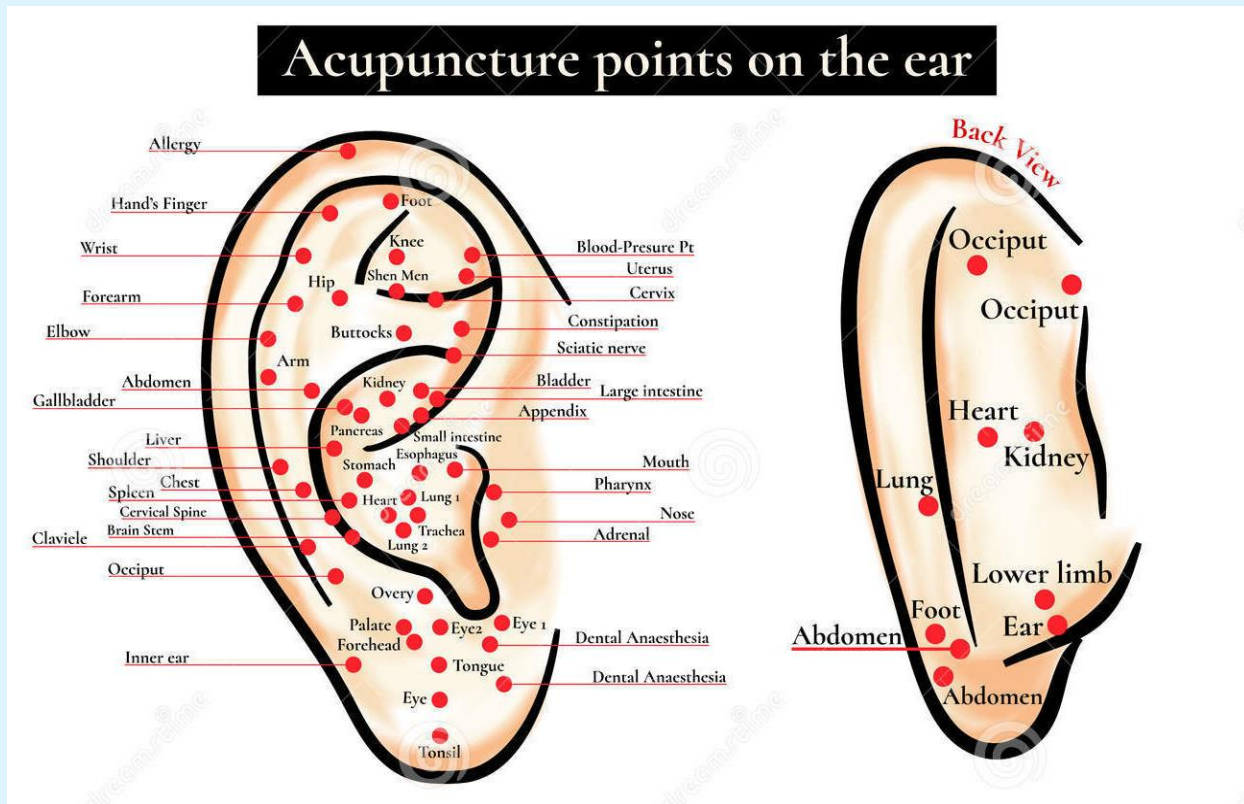


Auricular Therapy

Conditions commonly treated with Auricular therapy are: insomnia, stress, anxiety, pain, fertility, dysmenorrhea, addictions, neurological and orthopedic disorders, hot flashes, headaches, Trigeminal Neuralgia, facial paralysis, peripheral neuropathy, Meniere's disease, tennis elbow, sciatica, lumbar pain, rheumatoid arthritis, allergies etc.



Auricular acupuncture or acupressure with ear seeds are an effective way to treat the body with a microcosmic approach. Points on the external ear correspond to tissues, organs, physical locations and functions of the body. The nerves from the ear connect to reflex centers in the brain, which send neurological reflex messages to the spinal cord and then to nerves connecting to the corresponding part of the body.

In 1990, the *World Health Organization* (WHO) proclaimed that Auricular therapy is “probably the most developed and best documented, scientifically, of all the “micro-systems” of acupuncture and is the most practical and widely used.”